



Have fun underground, and be sure to protect the cave!

# Welcome to Cadomin Cave!

Elevation 1870 metres

*The cave is open to the public, but it must be treated with respect or it will be closed.*

## Please, here are a few simple rules to follow:

Excrete before going in. Urinating and defecating in the cave make it smelly and unhealthy. Human waste has already made the water in the cave too polluted to drink, and the ecology of the cave has been affected. If you plan to be underground for several hours, bring a plastic bottle to urinate into. Pack out your feces and toilet paper in a doggie pick-up bag. You can get these at pet shops. If facilities are available near the entrance, use them.



**To mark your return route**, use cairns. It's not necessary to use spray paint or string or pieces of plastic trail-flagging tape. These just mess up the cave. At a passage junction, a caver makes a temporary marker by stacking two or three stones—building a small cairn, in other words—to show which passage to take on the way back. The last person in the party kicks the cairn over on the way out.

**Never light fires**, flares or fireworks in the cave. This is not only hazardous, but it makes the air dangerous to breathe. Do not camp in the cave.

## Safety underground

Cadomin is big enough and complicated enough to get lost in, so be sure to follow these basic rules of caving:

- 1. Stay with the group.** Keep the people behind you and ahead of you in view! If you find yourself getting ahead or falling behind, make sure the group stops and waits for everyone to catch up.
- 2. Bring extra flashlights.** Bring extra batteries, too—fresh ones.
- 3. Be prepared to stay underground longer than you expected.** Dress warmly and carry a snack.
- 4. Make sure that someone knows where you are, and when you plan to be back.** This is a good idea on any outing.
- 5. Be cautious. Stay alert.** Keep an eye on the others in your party—and have a good trip.

**Never collect anything, or discard anything.** The easy parts of Cadomin Cave used to have beautiful stalactites and stalagmites. Most of them are now gone, because people have stolen or destroyed them. Vandals have left graffiti and trash, a lot of which has been removed by dedicated volunteers. So please do your part to maintain the cave. Pick up any trash you find. Do not take out anything natural, not even a rock, and do not leave anything foreign such as trash or equipment.